Race & Romance: Navigating Interracial Relationships with Trina Tan
What’s your “why?”

Why did you decide to come to this session?

What do you hope to learn?
What you’ll walk away with

● Reflect on your own identity in relation to your love life
● Name and understand “your type” and where it comes from
● Craft and share your narratives about interracial and intercultural dating/relationships
● Take home at least one tangible strategy to better communication in your relationships
How we will get there

- Solo self-reflection time
- Large group discussion
- Small groups with drawing/writing
- Role play and debrief
What makes you... you?
Categories of Identity

Including but never limited to...

- Race/ Ethnicity
- National Origin
- Sex
- Gender/Gender Expression
- Sexuality
- Class
- Environment during upbringing
- Complexion
- Immigration history
- Etc, etc, etc, etc…
Which ones are your most salient identities?
Activity

- What’s your type? Be as honest with yourself as possible!

- SHARE: Where did you learn to like what you like? REFLECT on childhood memories, past crushes, family, media, etc.
Small Groups

- If you have ever been in an interracial relationship, what are the aspects that make you the happiest?

- What are the challenges?
Role play: Pick a topic!
Takeaways

- Exploring and understanding yourself *first* is the most important step in intercultural/interracial relationships.
- Intercultural dating can be hard and confusing at times. Build a friend group you can go to when times get tough.
- Learn your script for sharing your frustrations and understand what you need to hear theirs.
Dating is just one element of the human experience. It’s a unique way for strangers to meet and create stories.